

Anaphylaxis

What does anaphylaxis look like?

When a child has an anaphylaxis attack, they can show a range of symptoms however the main telling signs you should be looking for is difficulty breathing and any swelling of the throat or face.



This is a full range of different symptoms that could appear:

Airway

- Persistent cough
- Vocal changes (hoarse voice)
- Difficulty in swallowing
- Swollen tongue

Breathing

- Difficult or noisy breathing
- Wheezing (like an asthma attack)



Consciousness

- Feeling lightheaded or faint
- Clammy skin
- Confusion
- Unresponsive/unconscious

- Usually, other less severe symptoms (such as hives, nausea, vomiting or abdominal pain) are also present.
- However, in around 10% of severe reactions, this does not occur: the first symptoms are those of a severe reaction, often mimicking an asthma attack.

What do I do?

DO NOT PANIC!

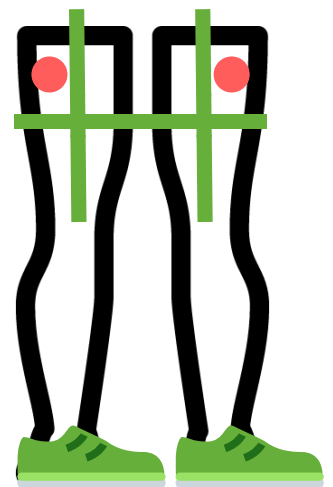
The child is most likely 10x more panicked than you so you need to stay calm and follow the instructions below.



If a person has been diagnosed as having a serious allergic reaction which requires hospitalisation then you will need to administer an **adrenaline auto-injector**.

This could be either a Jextpen, EpiPen or Emerade.

Do not wait for the symptoms to appear in their entirety,



Before Injecting an auto-injector, draw a cross on the thigh and locate the top outer quarter, then inject there.

Put the patient into the recovery position to prevent any airway hazards in-case of vomiting and wait for the ambulance to arrive. But if they start to feel weak or very faint put them on their back and raise their legs to raise blood pressure.



Upcoming Course Dates

November

9/11/2018 - Emergency First Aid at Work
Venue - Surrey First Aid Training Centre
10/11/2018 - Paediatric First Aid
Venue - Surrey First Aid Training Centre
17/11/2018 - Paediatric First Aid
Venue - Surrey First Aid Training Centre
17/11/2018 - Remote Outdoor First Aid
Venue - Puttenham Cricket Pavillion
23/11/2018 - Paediatric First Aid
Venue - Surrey First Aid Training Centre
29/11/2018 - Emergency First Aid at Work
Venue - Surrey First Aid Training Centre

December

7/12/2018 - Emergency First Aid at Work
Venue - Surrey First Aid Training Centre
8/12/2018 - Paediatric First Aid
Venue - Surrey First Aid Training Centre
8/12/2018 - Remote Outdoor First Aid
Venue - Puttenham Cricket Pavillion
13/12/2018 - 2-day First Aid at Work
Venue - Surrey First Aid Training Centre

January

4/1/2019 - Paediatric First Aid
Venue - Surrey First Aid Training Centre
11/1/2019 - Emergency First Aid at Work
Venue - Surrey First Aid Training Centre
12/1/2019 - Remote Outdoor First Aid
Venue - Puttenham Cricket Pavillion
12/1/2019 - Paediatric First Aid
Venue - Surrey First Aid Training Centre
17/1/2019 - 2-day First Aid at Work
Venue - Surrey First Aid Training Centre
25/1/2019 - Emergency First Aid at Work
Venue - Surrey First Aid Training Centre

February

1/2/2019 - Paediatric First Aid
Venue - Surrey First Aid Training Centre
8/2/2019 - Emergency First Aid at Work
Venue - Surrey First Aid Training Centre
9/2/2019 - Remote Outdoor First Aid
Venue - Puttenham Cricket Pavillion
9/2/2019 - Paediatric First Aid
Venue - Surrey First Aid Training Centre

If you are interested in any of our First Aid Courses, please contact us so that we can book you onto a training session!

