

Surrey First Aid Training

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Duke of Edinburgh Award Participants

We can come to your venue and deliver specific training to your [Duke of Edinburgh Award](#) participants, suitable to the level of the Award:

Bronze Award (typically 4 hours of First Aid Training)

Silver Award (typically 6 hours of First Aid Training)

Gold Award (typically 8 hours of First Aid Training)

The training will cover the following topics to a varying depth of knowledge, according to the level at which they are working:

- ✓ First aid and emergency procedures.
- ✓ Action in an emergency – resuscitation, airway, breathing and circulation.
- ✓ Recognition and treatment of hypothermia and heatstroke.
- ✓ The treatment of wounds and bleeding.
- ✓ Treatment for shock.
- ✓ The treatment of blisters, cuts, abrasions, minor burns and scalds, headaches, insect bites, sunburn, splinters.
- ✓ The recognition of more serious conditions such as sprains, strains, dislocations and broken limbs.
- ✓ Knowing what to do in the case of an accident or emergency.
- ✓ Summoning help – what people need to know, telephoning for help, and written message.
- ✓ Getting help, self-help and waiting for help to arrive, keeping safe and warm, helping people to find you.

Please [contact us](#) for more information.

If the participants need a first aid course for a Leadership Award, they may need to complete a 16 hour course. In this case they can book onto one of our [16 Hour Remote Outdoor First Aid courses](#).